We Claim:

- 1. A laundry basket, comprising:
- a bottom wall with an outer periphery;
- a contiguous sidewall extending up from the outer periphery of the bottom wall and defining an interior of the laundry basket; and
- a first handle on a portion of the contiguous sidewall and including a first grip and a first knuckle guard disposed spaced outward from the first grip in a direction away from the interior of the basket.
- 2. The laundry basket of claim 1, wherein the contiguous sidewall includes a first, second, third and fourth sidewall extending up from the bottom wall, the first and second sidewalls being opposite from each other, the third and fourth sidewalls being opposite from each other.
- 3. The laundry basket of claim 2, wherein the contiguous sidewall is substantially rectangular, and wherein the first and second sidewalls are relatively longer than the third and fourth sidewalls.
- 4. The laundry basket of claim 2, wherein the first handle is disposed on the first sidewall, and further comprising:
- a second handle attached to the second sidewall, the second handle including a second grip and a second knuckle guard disposed outward from the second grip in a direction away from the interior of the basket.
 - 5. The laundry basket of claim 4, further comprising:

a third handle attached to the third sidewall and including a third grip and a third knuckle guard disposed outward from the third grip in a direction away from the interior of the basket.

- 6. The laundry basket of claim 1, wherein the contiguous sidewall includes a concavely arched sidewall adapted to bear against the user.
- 7. The laundry basket of claim 6, wherein the contiguous sidewall further includes a first, second, and third sidewall
- 8. The laundry basket of claim 1, the first handle including a first side opening in the contiguous sidewall, the first grip being formed as a portion of the contiguous sidewall above the first side opening.
- 9. The laundry basket of claim 8, wherein the first knuckle guard is disposed on the side of the contiguous sidewall opposite the interior of the basket.
- 10. The laundry basket of claim 1, wherein the first grip is disposed inwardly from the contiguous sidewall into the interior of the laundry basket.
- 11. The laundry basket of claim 10, wherein the first knuckle guard is formed as part of the contiguous sidewall.
- 12. The laundry basket of claim 11, wherein the sidewall includes at least one vent.

- 13. The laundry basket of claim 1, wherein the first knuckle guard is a bar spaced from and encompassing one side of the first grip.
 - 14. A laundry basket, comprising:
 - a base including an outer periphery;
- a first sidewall, a second sidewall a third sidewall, and a fourth sidewall each extending up from the outer periphery of the base, defining an interior of the basket;
- a first handle formed on an upper end of the first sidewall and including a first grip and a first knuckle guard disposed spaced outward from the first grip in a direction away from the interior of the basket; and

a second handle formed on an upper end of the second sidewall opposite the first handle, the second handle including a second grip and a second knuckle guard disposed spaced outward from the second grip in a direction away from the interior of the basket.

- 15. The laundry basket of claim 14, further comprising a third handle formed on an upper end of the third sidewall, the third handle including a third grip and a third knuckle guard disposed spaced outward from the third grip in a direction away from the interior of the basket.
- 16. The laundry basket of claim 14, wherein the first knuckle guard and the second knuckle guard are bars spaced from and encompassing one side of the grips.

- 17. A portable container, comprising:
- a base including an outer periphery;
- a contiguous sidewall extending up from the outer periphery of the base, defining an interior of the basket;

a first handle formed on an upper end of the contiguous sidewall and including a first grip and a first knuckle guard disposed spaced outward from the first grip in a direction away from the interior of the basket; and

a second handle formed on an upper end of the contiguous sidewall opposite the first handle, the second handle including a second grip and a second knuckle guard disposed spaced outward from the second grip in a direction away from the interior of the basket.